

# RETURN TO P/T OFFICE

## TRAMPOLINE LEVEL 3 PRACTICAL FORM

**Mandatory Level 3 Practical Tasks** *Date Completed*

300 Level 3 Coaching Hours ----->

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First aid certificate, which includes CPR ----->

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**OPTIONAL TASKS (must complete 25 points for L3 Practical)**

	<b>Optional Level 3 Tasks **</b>	<b>Points Allocated</b>	<b>Points Claimed</b>
F			
O			
O	Coach 1 or more athlete(s) who qualifies to attend Nationals in T&T ----->	5 points	
R	Coach 1 or more athlete(s) who qualifies to the National T&T AG team----->	10 points	
P	Coach 1 or more athlete(s) who qualifies to the National T&T Y / Sr. team ->	15 points	
P	Presenter at a coaching clinic (PSO and/or GCG approved) ----->	10 points	
H	Be a current OR become an NCCP Trampoline Course Conductor ----->	15 points	
H	Attend a coaching clinic (PSO and/or GCG approved) ----->	5 points	
C	Be a current OR become a provincial level judge in trampoline ----->	5 points	
A	<b>OR</b> be a current OR become a national / international level judge ----->	10 points	
T	Complete 40 hours as a volunteer at provincial and/or national level ----->	5 points	
T			
A			

**Possible Optional Point Opportunities equaling -----> 75 points**

**\*\*Points for each task can only be claimed once**

**Minimum Pont Total**

**25 points**

**Your Point Total**

I hereby certify that I have completed a minimum of 25 points and would like my name entered in the CAC database as having completed my Level 3 Practical.

\_\_\_\_\_  
*Signature*

\_\_\_\_\_  
*Date*